

Aziz Fatimah



Nursing College Faisalabad



PROSPECTUS

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

IN THE NAME OF ALLAH, who is THE MOST MERCIFUL & THE MOST BENEFICENT.

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Chairman
Managing Trustee

CHAIRMAN'S MESSAGE BOG

Muhammad Adrees

Nursing is the most trusted healthcare profession and nurses are the heart and soul of healthcare system since inception of the nursing profession. Trained nurses ensure quality outcomes in the patient care management and add value to the reputation of the hospital.

Aziz Fatimah Nursing College Faisalabad is a newly established dynamic and forward looking Nursing Institution, committed to become a center of excellence in nursing education and research. Aziz Fatimah hospital has an outstanding reputation as a hospital providing clinical training of international standards.

I appreciate the untiring and un-matched efforts of all those associated to the Aziz Fatimah Nursing college in any capacity and at any position. In the end, I assure my continuous support to Aziz Fatimah Nursing College by all means.

Principal's MESSAGE

Mrs. Kainat Asmat



Principal AFNC

Nursing occupies the largest bulk of the health care force. The diverse role of nurses in the modern world demands that they must be fully conversant with clinical competencies and expertise along with leadership and management skills. Therefore, continuous professional development (CPD) through ongoing education is the cornerstone for the enhancement of quality patient care outcomes.

A competent and dedicated faculty, meticulously designed curriculum and the optimum infrastructure; Aziz Fatimah Nursing College (AFNC) has been established as one of the best addition in the world of nursing education.

I believe “wherever you go, no matter what the weather is; always bring your own sunshine”. Because at AFNC we don’t just teach only, but we bring out the best qualified nurses with excellence in patient care. GOOD LUCK to be a proud nursing student of AFNC.

INTRODUCTION of Aziz FATIMAH NURSING COLLEGE

Aziz Fatimah Nursing College (AFNC) is a project of Aziz Fatimah Trust, established under the umbrella of Sitara Group Faisalabad. A five storey purpose built new campus has been recently established within the premises of Aziz Fatimah Hospital.

Nursing college is well equipped with 05 spacious lecture halls with multimedia, auditorium, nursing skill Lab and Science Lab to impart the best possible nursing training. Sufficient no of nursing text books and reference books of latest editions on different subjects are available in the library for students as well as faculty. Besides this, a full-fledged computer section with multimedia and Internet facilities is also available. Separate hostels for boys and girls with all facilities for the students are available adjacent to the academic block & hospital.

For coordinated & prompt clinical nursing training, college is affiliated with Aziz Fatimah Hospital, an ISO-certified 540 bedded hospital, which is providing medical care to the population of adjoining areas on No-Profit & No-Loss basis since 1979.

Accreditation& Affiliation

Aziz Fatimah Nursing College is accredited by Pakistan Nursing Council (PNC) Islamabad and is affiliated with University of Health Sciences (UHS) Lahore for BScN (4 Years) Post RN (2 Years) and Nurse Midwifery (01 Year) training.



Vision

To be globally recognized for the achievements of its alumni and faculty in healthcare, education, leadership & research with a focus on the needs of under-served populations.

Mission

To teach effectively, conduct research meticulously and serve the community. The college prepares diverse health care professionals as providers and the leaders in the delivery of high quality healthcare.

Objective

To advance this Vision & Mission, our objectives are to:

- Offer programs of international quality;
- Foster and develop leadership capacity through its education and research programs
- Promote access and equity by taking positive measures to make the College inclusive of all socio-economic groups, addressing the particular needs and circumstances of the disadvantaged;





Mrs. Sughra Majeed

Program Coordinator Post RN
RN, RM, Post RN BSN
Dip. Pediatric Nursing



Mrs. Kainat Asmat

Principal /Dean
BSN, MSN (Gold Medalist)
MBA (HR), M.Sc Psychology



Ms. Razia Sultana

Program Coordinator BSN
RN, RM, Post RN BSN



Mrs. Riffat Ara

Program Coordinator Midwifery
RN, RM, Post RN BSN



Ms. Nadra Saif

Clinical Coordinator
RN, RM, Post RN BSN
Dip, Mental Health Nursery



Ms. Allah Rakhi

Matron /Head of Clinical Affairs
RN, RM, Post RN BSN
DTA, DWA

NURSING FACULTY

- **RN, RM, Post RN BSN**
BSN, MSN, CRCP
- **Mrs. Samina Shoukat**
RN, RM, Post RN, MPH
- **Mrs. Samreen Akhtar**
(BSN, MBA (MGT
- **Ms. Nyla James**
BSN, M.Com
- **Ms. Sumbal Sana**
BSN
- **Ms. Nadra Saif**
RN, RM, Post RN
Dip. Mental Health Nursing

MEDICAL FACULTY

- **Dr. Nosheen Zahid**
Anatomy
- **Prof. Dr. Farah**
Physiology
- **Ms. Hira Manzoor**
Microbiology
- **Mr. Sarmad Bashir**
Biochemistry
- **Dr. Amna Abdullah**
Pharmacology
- **Dr. Muhammad Qasim**
Pathophysiology

VISITING FACULTY

- **Mr. M Aleem Anwar**
Education
- **Mr. Saddam Hussain**
English
- **Mr. Imtiaz Ahmad**
Computer Skills
- **Ms. Hafiza Nida**
Mathematics & Statistics
- **Ms. Rabia Amer**
Islamiyat/Pak Studies



ACADEMIC PROGRAMS

The Aziz Fatimah Nursing College offers the following three formal programs in nursing:

Bachelor of Science in Nursing (BSN)	(4 Years Degree program)
Bachelor of Science in Nursing (Post RN)	(2 Years Degree Program)
Pupil Midwifery	(1 Year diploma program)

BACHELOR OF SCIENCE IN NURSING	
BScN (04 YEARS)	
First Year	33 Credits
Second Year	37 Credits
Third Year	36 Credits
Fourth Year	29 Credits
Total Credits	135 Credits

BACHELOR OF SCIENCE IN NURSING	
POST RN (02 YEARS)	
First Year	60 Credits
Second Year	49 Credits
Total Credits	109 Credits

DIPLOMA IN Pupil Midwifery	
PM (01 YEAR)	
Preliminary Session (PTS)	280 Hours
Regular Session	1728 Hours
Total Hours	2,008 Hours

NOTE: 01 year Internship is mandatory for BScN (04 Years) students after successful completion of 04 years of training.

BASIC ELIGIBILITY CRITERIA FOR ADMISSIONS

BScN (04 years Degree Program)

Qualification:

- FSc (Pre-Medical) with 50% marks minimum (Physics, Chemistry & Biology as compulsory subjects)
- Age Limit: 17-25 years
- Gender: Both Male and Female

Post RN BSN (02 years Degree Program)

Qualification:

- Matric with Science/Arts
- Dip. in Nursing
- Dip. in Midwifery (any Post Basic Specialty for male in lieu of midwifery)
- Experience: 01 years clinical experience letter (Post experience of midwifery/specialty)
- PNC Registration: Valid registration with all entries of professional qualifications
- Gender: Both Male and Female

Pupil Midwife (01 Year Diploma Program)

Qualification:

- Matric (Science) with 50% marks minimum (Physics, Chemistry & Biology as compulsory subjects)
- Age Limit: 15-25 years
- Gender: Female



Admission PROCEDURE

For admissions in Aziz Fatimah Nursing College (AFNC) all eligible candidates can apply regardless of gender, race or religion. Admissions will be purely on merit basis.

Selection Process consists of written entrance test and interview.

Admission to 01 Year Diploma in Pupil Midwifery is free. Financial support in the form of scholarship is also available. Aziz Fatimah Midwifery School, established in 1986, has the honor of being the founder academic entity and a benchmark of midwifery education in Pakistan. To date, Midwifery School has graduated 750 students, who are serving diverse healthcare organizations in Pakistan.

Admission Schedule is as follows

	BScN (04 Years) & Post RN (02 Years)	Pupil Midwifery (01 Year)
Advertisement	1st week of October	Month of June
Last date for the submission of applications	Mid of November	31st July
Entrance Test	3rd week of November	Mid of August
Interview of shortlisted candidates	1st week of November	1st week of September
Final list of selected candidates	1st week of December	2nd week of September
Last date of Fee Submission	30th December -	
Commencement of Classes	1st January	1st October

UNIFORM FOR B.SC NURSING (4 YRS)

FOR GIRLS

White Shirt (Full Sleeves & Knee Long) White Shalwar
Dopatta: **1st Yr: Pink, 2nd Yr: Blue, 3rd Yr: Red, 4th Yr: Green**
Black Sweater "V" neck (In winter)
Black Socks
Black Oxford Shoes

UNIFORM FOR POST RN B.SC NURSING (2 YRS)

FOR GIRLS

Navy Blue Shirt (plain / print (Full Sleeves & Knee Long)
White Shalwar
White Dopatta
Black Sweater "V" neck (In winter)
Black Socks
Black Oxford Shoes

UNIFORM FOR PUPIL MIDWIFERY (1 YR)

White Shirt (Full Sleeves & Knee Long) White Shalwar
Circular Dopatta: **Ribbon Green** with White Overall
Green Sweater "V" neck (In winter)
Black Socks
Black Oxford Shoes

UNIFORM FOR B.SC NURSING (4 YRS)

FOR BOYS

White Shirt (Full Sleeves) Grey Trousers
Necktie (Specific for AFNC)
Black Sweater "V" neck (In winter)
Black Socks
Black Oxford Shoes

UNIFORM FOR POST RN B.SC NURSING (2 YRS)

FOR BOYS

White Shirt (Full Sleeves) Grey Trousers
Necktie (Specific for AFNC)
Black Sweater "V" neck (In winter)
Black Socks
Black Oxford Shoes

NOTE:

For BScN (4 Years) and Post RN (2Years),
wearing the knee long white coat
(overall) is mandatory.



Code of Conduct

1. Students are required to wear full uniform during college and hospital. Jewellery, ear rings, painted fingernails, threads and bracelets on hands etc. are not allowed. Students must be neat and tidy in their dress, avoiding exaggerated fashions.

2. Students are required to carry their identity cards during college hours, clinical and whenever they are going out for field visits.

3. Students are required to maintain ethical and professional standards in behavior both inside and outside the college, hospital, hostel and community premises.

4. Students should maintain silence in the classes, library, reading room and in the corridors.

5. Students should make every effort to take care of the college and hospital property and help in maintaining the same.

Each student is responsible for the proper handling and safe custody of any apparatus or equipment that he/she may be using in different labs. Misuse or negligence will result in replacement of the particular by the candidate.

6. Each student must have at least 85% attendance at the end of the each year of education. Students will not be allowed to appear in university annual exam with attendance less than 85%. Repeated absence from classes and hospital duties will make a student liable to expulsion from the College.

7. No student will be allowed to take the examination unless he/she clear all the dues.

8. Students are not allowed to leave lecture hall or hospital without permission. If the students have any problem, they should inform the class representative and the class representative will intimate it to the Program coordinators. If the problem is not solved at the Program coordinator's level, then the Program coordinator will present it to the Principal. No students should by-pass the above mentioned channels. Exceptions are allowed only if the problem is utmost urgent/serious.

9. A student nurse is not allowed to receive gift or gratuity of any sort at any time from the patients of the hospital or their relatives.



TEACHING & LEARNING STRATEGIES

Our faculty members at Aziz Fatimah Nursing College adopt following available modes of teaching and learning to maximize the outcomes of potential nurses.

- Multimedia Lectures
- Interactive Lectures
- Tutorials
- Problem/Task Based Learning (PBL)
- Clinical Conferences Case Studies
- Concept Mapping (CCM)
- Student Presentations
- Skills Demonstration
- Objective Structured Clinical Examination (OSCE)
- Integrated Performance Exams (IPEs)
- Field Trips / Community Visits
- Students Projects
- Small Group Discussion (SGD) / Large Group Discussion (LGD)
- Health Education / Teaching



EVALUATION AND EXAMINATION

Internal Assessment:

The continuous internal assessment shall contribute 10% to the total allocated marks for each subject in a professional examination. Awards of internal assessment will be equally distributed to the final Theory and Oral/Practical scores of a candidate and not to an individual component like MCQs, SEQs paper or Oral/Practical/ Clinical Examination.

Eligibility of students to appear in University Exams:

- The professional examination shall be open to any student who is certified by the Principal Nursing College for bearing:
 - Good character
 - Having attended not less than 85% of the full course of lectures delivered and practical/tutorial conducted in each subject.
 - Having cleared all the dues
- A candidate who fails in one or more subjects in a Professional Examination of University of Health Science Lahore shall, if he/she so desires, provisionally be allowed to join the next higher class till the commencement of supplementary examination. The candidate, however, will have to pass the failed subjects in the supplementary examination failing which he/she will be detained in that previous class. Under no circumstances, a candidate will be promoted to next higher class till he/she has passed the Professional Examination of preceding class.



All class rooms are fully equipped having multimedia, white board and a conducive learning environment. There are other facilities to supplement classroom teaching which aid students in innovative thinking and pursuing excellence in nursing education.

- Auditorium
- Science Lab
- Anatomy Demonstration Room
- Nursing Skill Lab
- Library
- Digital Library / Computer Lab.
- English Language Lab
- Common Room for Girls
- Cafeteria
- Lift



TEACHING Hospital

Aziz Fatimah Nursing College is amongst the few nursing colleges with dedicated hospital for coordinated & prompt clinical training for nursing students. Aziz Fatimah Hospital is attached to AFNC for clinical training of nursing students.

Aziz Fatimah Hospital is a welfare project of Sitara Group of Industries, established in 1979, with the objective to provide health facilities to the people of faisalabad & adjoining areas at lowest possible cost. Area of the hospital is 44 Kanals 11 Marlas. It is already approved by Pakistan Medical & Dental Council (PMDC) and College of Physicians & Surgeons (CPSP).

Departments of the hospital

- Department of Medicine
- Department of Surgery / Neuro Surgery
- Department of Obstetrics & Gynecology
- Specialized Units: ICU / CCU, Emergency
- Department of Pediatrics
- Department of Urology / Nephrology & Dialysis
- Department of Psychiatry
- Department of Orthopedics
- Department of Physiotherapy / Rehabilitation
- Department of Pathology
- Department of Radiology
- Modern Outdoor Patient Department (OPD)
- Modern Indoor Patient Department
(Executive / Private / Semiprivate Rooms)



- Regular CME /CNE Programs
- Annual Seminars / Conferences Participation
- Annual sports week
- Annual Literacy week
- Lamp Lighting Ceremony
- Annual Prize Distribution Ceremony
- Annual One day trip to Historical Place
- Annual Expo
- Free Medical Camps
- Celebration of International Health Days



VARIOUS ACTIVITIES AT AFNC

Educational Expo



Field Visits



Independence Day Celebrations



VARIOUS ACTIVITIES AT AFNC

Educational Expo



Ward Rotation Nursing Students





Gulistan Colony, Sheikhpura Road, Faisalabad
Mobile: 0304 6974129, Tel: 041-8780910-8845446-8845450, Fax: 041-8882131

